

## SECTION VIII CROSS COUNTRY-2016 League Meet Time Schedule

CONFERENCE 1

CONFERENCE 2

CONFERENCE 3

CONFERENCE 4

Division 1A	Division 1B	Division 2A	Division 2B	Division 3A	Division 3B	Division 4A	Division 4B
1 Freeport	8 Hicksville	1 Long Beach	8 JFK Bellmore	1 NHP	8 Plainedge	1 North Shore	8 Locust Valley
2 Hempstead	9 Pt. Washington	2 Herricks	9 Garden City	2 Roslyn	9 Glen Cove	2 VSS	9 Cold Spring H
3 Uniondale	10 Baldwin	3 Calhoun	10 GNN	3 Hewlett	10 Bethpage	3 Mineola	10 Friends
4 Massapequa	11 East Meadow	4 MacArthur	11 Carey	4 South Side	11 Lawrence	4 Clarke	11 Wheatley
5 Syosset	12 Plainview	5 Mepham	12 Elmont	5 Wantagh	12 VSN	5 W.Hempstead	12 Oyster Bay
6 Farmingdale	13 Westbury	6 GNS	13 Sewanhaka	6 Roosevelt	13 Floral Park	6 Island Trees	13 Carle Place
7 Oceanside	14 Valley Str.Cntr	7 Manhasset	14 Jericho	7 Division	14 Lynbrook	7 Seaford	14 East Rock.

Week	Race	Time	Teams	Gender	
<b>Week 1</b> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">                     JV Race                      Boys: 4:35 PM                      Girls: 4:40 PM                 </div>	1	4:55 PM	2-5-12	BOYS	Mon. Sept 12 Conf 1 + 3  Tue. Sept 13 Conf 2 + 4
	1	5:03 PM	2-5-12	GIRLS	
	2	5:10 PM	3-8-9-14	BOYS	
	2	5:18 PM	3-8-9-14	GIRLS	
	3	5:25 PM	1-6-11	BOYS	
	3	5:33 PM	1-6-11	GIRLS	
	4	5:40 PM	4-7-10-13	BOYS	
	4	5:48 PM	4-7-10-13	GIRLS	
<b>Week 2</b> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">                     JV Race                      Boys: 4:35 PM                      Girls: 4:40 PM                 </div>	1	4:55 PM	1-2-3-4	BOYS	Mon. Sept 19 Conf 3 + 4  Tue. Sept 20 Conf 1 + 2
	1	5:03 PM	1-2-3-4	GIRLS	
	2	5:10 PM	9-10-11-12	BOYS	
	2	5:18 PM	9-10-11-12	GIRLS	
	3	5:25 PM	13-14	BOYS	
	3	5:33 PM	13-14	GIRLS	
	4	5:40 PM	5-6-7-8	BOYS	
	4	5:48 PM	5-6-7-8	GIRLS	
<b>Week 3</b> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">                     JV Race                      Boys: 4:35 PM                      Girls: 4:40 PM                 </div>	1	4:55 PM	1-7-12-14	BOYS	Mon. Sept 26 Conf 2 + 3  Tue. Sept 27 Conf 1 + 4
	1	5:03 PM	1-7-12-14	GIRLS	
	2	5:10 PM	2-8-11-13	BOYS	
	2	5:18 PM	2-8-11-13	GIRLS	
	3	5:25 PM	3-5-10	BOYS	
	3	5:33 PM	3-5-10	GIRLS	
	4	5:40 PM	4-6-9	BOYS	
	4	5:48 PM	4-6-9	GIRLS	
<b>Week 4</b> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">                     JV Race                      Boys: 4:35 PM                      Girls: 4:40 PM                 </div>	1	4:55 PM	2-6-10-14	BOYS	Wed. Oct 5 Conf 1 + 3  Thu. Oct 6 Conf 2 + 4
	1	5:03 PM	2-6-10-14	GIRLS	
	2	5:10 PM	3-7-11	BOYS	
	2	5:18 PM	3-7-11	GIRLS	
	3	5:25 PM	4-8-12	BOYS	
	3	5:33 PM	4-8-12	GIRLS	
	4	5:40 PM	1-5-9-13	BOYS	
	4	5:48 PM	1-5-9-13	GIRLS	
<b>Week 5</b> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">                     JV Race                      Boys: 4:35 PM                      Girls: 4:40 PM                 </div>	1	4:55 PM	4-5-11-14	BOYS	Thu. Oct 13 Conf 3 + 4  Mon. Oct 17 Conf 1 + 2
	1	5:03 PM	4-5-11-14	GIRLS	
	2	5:10 PM	3-6-12-13	BOYS	
	2	5:18 PM	3-6-12-13	GIRLS	
	3	5:25 PM	2-7-9	BOYS	
	3	5:33 PM	2-7-9	GIRLS	
	4	5:40 PM	1-8-10	BOYS	
	4	5:48 PM	1-8-10	GIRLS	